YWCA TEA Club

TEA
TEENS ENDING ABUSE CLUB
Our Mission

Our mission is to instill confidence, validate strengths, and equip young individuals with knowledge and resources. Through our collaborative work, youth build upon their advocacy skills to recognize and address social injustice. We envision a future where youth voices are valued, amplified, and integral to shaping a compassionate and inclusive community.

<table>
<thead>
<tr>
<th>Validate Strengths</th>
<th>Every young person already possesses a voice, and our role is to center that voice.</th>
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<tbody>
<tr>
<td>Equip with Knowledge and Resources</td>
<td>Education on the harms of gender-based violence increases knowledge of dating violence, relationships, sexual violence, consent, and bystander intervention.</td>
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<td>Instill Confidence</td>
<td>Student-run outreach events raise the awareness of their peers. Knowledge allows students to feel confident in their decision-making.</td>
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<td>Build Advocacy Skills</td>
<td>Student-planned awareness campaigns allow students to voice needs and design solutions.</td>
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<td>Shape a Compassionate and Inclusive Society</td>
<td>Education focuses on the intersectional identities on experiences of violence. Collaboration and involvement in community events deepen partnership and improve community.</td>
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Expectations

- CONFIDENTIALITY
  - What’s said here stays here, but what's learned here leaves here.

- SAFE SPACE
  - Be open to discussion and suggestions, all opinions are valued here.

- DON'T YUCK MY YUM
  - We will not put anyone down or shame people.

- ZERO TOLERANCE POLICY
  - Racial/sexeist/homophobic/ableist slurs are not welcome here.

- PARTICIPATION
  - Participation is necessary for this group to function, come prepared each day to be an active participant in discussion

- ATTENDANCE
  - Attendance will be taken, and too many unexcused absences will result in a student being asked to try to join again next year.

Participant Outcomes

Short-term
- Increased knowledge of healthy relationships, consent, cyber-safety, human trafficking, sexual violence, and bystander intervention
- Develop positive relationships with peers
- Safe and confidential space for disclosures

Intermediate
- Cultivate project management skills through campaigns
- Lead or participate in community awareness events
- Develop leadership skills
- Increased community awareness about safety and violence prevention

Long-term
- Continue outreach and advocacy in their communities
- Contribute to system and community change/improvement
YWCA IS ON A MISSION

TEA Club in Action
YWCA’s Violence Prevention Programs

YWCA Golden Gate Silicon Valley Education & Outreach team offers prevention education services and community awareness workshops to increase knowledge about sexual assault, domestic violence and human trafficking. Our programs dispel myths about sexual and domestic violence, promote healthy relationships, examine gender roles and how they relate to violence, inform individuals of YWCA services, and explore how each of us can become empowered to end violence in Santa Clara County.

The Education & Outreach team offers prevention education services to:

- Schools
- Youth-serving agencies
- Community organizations
- Colleges/universities
- Businesses
- Social services agencies
- …and beyond!

Our education programs are designed to prepare youth, adults, caregivers, and professionals to increase awareness about sexual assault, domestic violence, and human trafficking and stop violence before it happens.

Violence Prevention Presentations

Presentations can be customized to the client’s specific needs, age, and duration. To ensure that we best accommodate your request, please contact us to schedule a presentation at least 3 weeks minimum in advance of your planned date. For programs that are not already grant funded, there is a cost associated with them.

Topics include:

- YWCA Services
- Healthy Relationships
- Dating Violence
- Sexual Assault Prevention
- Consent & Healthy Boundaries
- Child Abuse Prevention
- Cyber Safety
- Safe Bystander Intervention
- Human Trafficking Prevention
- Anti-Bullying
- Supporting Survivors
- Gender Roles

For requests about prevention education workshops or resources, please fill out this inquiry form.

375 S. Third St. San Jose, CA. 95112 | (408) 295-4011 | https://yourywca.org
Community Awareness Events

Having an event? Our tabling option provide attendees at your event with information on YWCA Services, gender-based violence prevention, consent, and healthy relationships. Participants can play learning games and talk to one of YWCA's certified, confidential advocates. Partner with us for your next event!

Advocacy and Education Groups

YWCA’s ongoing education groups are a series of interactive workshops for middle school students, high school students, and adults aimed at education, leadership development, and systems change through personal and community advocacy.

Youth School Groups

- Middle School TEA Club
- High School TEA Club
- LGTBa Club
- Young Men & Boy’s TEA Club

Adult Groups

- Promotoras (Spanish language)

Racial Justice Programs

Racial Justice Programming is focused on improving problem solving, conflict resolution skills, increase empathy, develop positive school and community culture, and understanding the systemic barriers that need to be removed to promote justice, peace and freedom for all. Education is provided in the form of restorative justice training, workshops, ranging from one (1) day, to twenty-one (21) day programs and are available to middle school youth, high school youth, and adults.