My Journey

Stories By Adult Learners

PARTNERS IN READING



San José Public Library

Adult Literacy Pr ogram 2016

My Journey Production Team

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The opinions expressed herein are those of the authors and do not necessarily reflect the position or policy of the San osé Public Library, the City of San José, or any other funders of the Partners in Reading program. No official endorsement y these agencies should be inferred.







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Acknowledgments

Thank you from the Partners in Reading (PAR) staff to everyone who has worked hard to make *My Journey* possible for our learners and tutors:

- Every year we ask PAR learners to write a story on an interesting topic. This year 49 learners answered the call to write a story about their journeys. We salute them for their courage. Some journeys are not easy. Sharing about journeys may not be easy either, and we thank all those who were willing to include us on their journeys this year.
- PAR learners are assisted in the writing process by volunteers who participate in pre-writing discussions, drafting those rst dif cult lines, expanding on those ideas with details to give the stories color, and the all-important steps of editing and revising the learner's story.
- The writing process would probably not get off the ground for many potential authors without our expert and published author, MaryLee McNeal. MaryLee breaks down each task, from discussion and brainstorming to writing that critical rst sentence, into very small steps. Even authors who doubted themselves come away from this initial workshop with a signi cant portion of their story completed. And for those who weren't able to attend the workshop, she provides handouts that tutors and learners can use together to create engaging stories.

- It is not easy to carefully balance making sure stories are easy to read without changing too many things. Volunteer editor Victoria Scott does just that by making sure that the authors' words and intentions shine through in the nal version of their stories.
- For 27 years PAR has enjoyed the support of the San José Public Library and the City of San José in providing adult and family literacy and ESL services to residents of San José. Without their ongoing support, PAR would be unable to provide these crucial services to our customers. We are very grateful.
- PAR also enjoys nancial support from the San José
 Public Library Foundation so that a wider segment of
 the San José community, including adults seeking a high
 school diploma, knows about the work we do.
- Now in its 32nd year, the California State Library, through the California Library Literacy Services, has enabled more than 100 libraries throughout California to offer adult and family literacy services. More than 20,000 adults each year have the opportunity to build their literacy skills through these programs.
- By reading this book, you are learning more about the needs of adult literacy learners. We thank you for sharing what you now know about adult literacy with others so they can participate or support the work we do.

Partners in Reading Appreciates Your Continued Support

2015-2016 Funders

- City of San José, San José Public Library
- California State Library, California Library Literacy Services
- San José Public Library Foundation

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- The Fish Market
- The Old Spaghetti Factory
- The Studio Climbing
- Tomato Thyme
- Trader Joe's
- Vung Tau Restaurant
- Willow Street Pizza
- Winchester Mystery House

Introduction

This book of essays is dedicated to the har d-working adults who step up and ask for help with basic r eading, writing, and technology skills. It takes courage to join an adult literacy pr ogram to get needed help. Those who do, though, can usually see big dif ferences in their daily lives, including in their confdence level and their ability to accomplish tasks independently . Some take a fur ther diffcult step, to open their lives for all to witness by writing a stor y. To become a published author involves patience, practice, and the willingness to take a risk. Par thers in Reading (P AR) and the San José Public Librar y are grateful to those who took that risk to think about the topic, or ganize their ideas, and then write a piece that is meaningful to them and to their r eaders.

PAR selected this year's book topic, My Jour ney, to inspir e potential authors to write about any jour ney—to a place, about an idea, something real or something imagined. These jour neys will take you all over the world to different places and different times: you will travel backwar d into the past, for ward into the future, or simply explore an idea. We can guarantee that these trips will be interesting and unusual. As you read the stories you will be moved, you will learn, you will laugh, you might cry, and you will admire the people who chose to share a part of their lives. Each story is inspirational, and we applaud all those who took a chance and were rewarded by sharing in this book.

We hope this book will also motivate other lear ners to take the leap and write even mor e challenging pieces for futur e books and purposes. Maybe other adults who have not yet joined the program will hear these stories and take the jour ney of becoming a lear ner with PAR. It might even motivate potential tutors to volunteer to help an adult in San José read and write better.

"The journey of a thousand miles begins with one step."

— Lao Tzu

Partners in Reading (PAR) Program Highlights for 2016

Through the support of the San José Public Librar y (SJPL) and California Library Literacy Ser vices (CLLS), P AR volunteers and learners journey together to make real change happen ever y day at the library. Adult lear ners can refect on how their lives are different after working in the computer lab and spending time and tremendous effort to learn and practice new skills and techniques during tutoring so that they can navigate the world mor ecomfortably. Here are some examples of what P AR learners, tutors, and staff have accomplished together:

- In November 2015, P AR welcomed new manager Pam Cor nelison to the program. She brings war mth, a sense of humor, and great energy to a very busy program.
- One of Pam's frst pr ojects was to administer one of our newest pilot projects, Car eer Online High School, wher e adults can qualify for a scholarship to take online classes to ear n a high school diploma and a car eer certificate in 5 to 18 months. This project is funded thr ough SJPL, the Califor nia State Librar y, and the San José Public Librar y Foundation.



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- PAR continues to of fer ESL classes for adults who do not have the conversational skills to qualify for a literacy tutor . The classes meet twice a week and focus on building listening and speaking skills, as well as confdence, in the hope that those who attend will soon begin tutoring sessions to build r eading and writing skills as well.
- PAR's successful family literacy pr ogram,
 Together We Read, is for adult lear ners who
 have children under 14. T utors introduce
 parenting information, such as how to build
 a strong learning environment at home so
 kids can succeed in school, and distribute childr



en's books for

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 At a special event in April, P AR honored all of its volunteers who week after week give their time to assist adults in impr oving basic literacy skills. They enjoyed an evening of inspirational stories about the value of bringing tutors and lear ners together to study the elements of r eading, writing, spelling, and grammar while developing confdence and independence.

families to build home libraries that will make reading a priority.

• Two volunteers in par ticular were honored for their dedication and hard work. Toni Thunen was selected to r eceive the Ben Sherrod Award, which honors a P AR participant who has shown exceptional commitment and gone above and beyond to suppor t learners and PAR. Toni has volunteer ed with PAR for 2½ years and works with a dedicated small gr oup of adults who have overcome many obstacles during the time they have been meeting together. She has suppor ted them throughout this time.

- Mike Yuen is the PAR Volunteer of the Year. He has tutor ed six lear ners during his 7½ years with PAR. Mike teaches in a creative, enter taining way so that his lear ners can more easily grasp diffcult concepts of English grammar and vocabular y. He also supports new tutors in the program by giving advice and answering questions during tutor training sessions.
- PAR staff and volunteers also of fer a number of ways for adults to become more tech savvy while living in Silicon Valley. Many lear ners have a desir e to enhance their skills so that they can fnd higher quality jobs. P AR computer lab instructors work to make sur e that



learners feel comfor table using the inter net to sear ch for jobs and interact via social media, and can also of fer them tips for becoming mor e profcient in using their cell phones. A new addition this year is a phonics program called CORE 5, which is self-paced and helps lear ners build an awar eness of sounds and how to put them together to make words. Learners who use this program develop more confidence in spelling and in reading new words.

 PAR was privileged to work with Read Santa Clara thr ough a grant fr om the California State Librar y in 2014 to create 77 high-quality videos as a resource for tutors. P AR has incorporated them into its tutor training sessions,



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which further enhances the experience for new tutors by showing them what it's like in actual tutoring sessions. These videos were incorporated into a training proogram between CLLS and the Florida Literacy Coalition, and are also used throughout Califor nia in other library literacy programs. They are available on the PAR YouTube channel at www.tinyurl.com/partutoringvideos. Check them out!

• In September 2015, P AR released its book of lear ner writings for Inter national Literacy Day with 53 authors. The topic was *My Favorite...*, and the stories ranged fr om descriptions of the authors' home countries to favorite local places and people who infuenced the writers. We are grateful to have a product each year to showcase some of the har d work that our lear ners and volunteers tackle together.



• With funding from CLLS thr ough the Califor nia State Librar y and SJPL, PAR has been able to significantly enhance its materials collection. We have small collections of adult easy reading material at King Librar y and fve other branches: Pearl Avenue, Santa Teresa, Edenvale, Educational Park, and Ever green. We also now have a wider variety of workbooks for PAR tutors and learners to meet many needs. New to the collection are audio books with matching print books so lear ners can read more challenging materials by listening and following along at the same time.

• PAR has str engthened its par tnerships in the last year to expand the work we do. Gale Cengage Lear ning provides the Car eer Online High School pr ogram and the technical support for our high school scholars. Our internal partners include SJPL Works, a unit of the San José Public Library assisting job seekers, small businesses, and entrepreneurs. PAR is also working more closely with the Family Learning Centers at seven SJPL branches to promote lifelong learning and to reach a wider group of customers.

These are a few examples of the jour neys that PAR learners and volunteers take together each year . Thank you for traveling with us and for being a par t of the jour ney.







My New Life

By Lina Abreha

I came to San José in 2012 fr om Addis Ababa, Ethiopia. It was my frst time fying. I was afraid because I felt alone.

When my plane landed in San José and I saw my sister and her husband, I was ver y happy. I had not seen them in 3 years. My sister taught me how to live in the U.S.

Still, I miss my family and work in Ethiopia. I wish I could go to my mother's Ethiopian cof fee celebration.

I hope to go back soon to visit. For now , on special days I make Ethiopian cof fee and it reminds me of back home.





Lina has a new life because of her sister (Shemal). She loves her ver y much. She wants to say "thank you" and "God bless you" to her little sister.

Riding on the Bus

By Faalaa Achica



Faalaa is a happy man. He likes learning to read, write, and use the computer. My favorite jour ney is to go home from the library on Mondays, Tuesdays, Wednesdays and Thursdays. I walk from MLK Library to Santa Clara Street. I like to walk fast. It is fun. Sometimes I go to Walgreens to look around.

I wait for the 522 bus. Sometimes I wait for a half hour. A lot of 22 buses come by . I listen to music on my iPod.

I get on the 522 bus. I sit at the back near the door. It is better to sit ther e. It is easy to get of f.

I sit down and r elax. Sometimes I listen to all kinds of music on my iPod. I look out the window. I see a lot of old V olkswagen buses. I really like to see V olkswagen buses.

I get of f the 522 at the Palo Alto T rain Station. I wait for the 280 or the 281. The 281 bus is a long walk home. The 280 bus is easy . Sometimes ther e is a lot of traffc. It is a long wait.

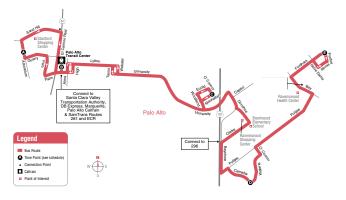
The people talk with me. They ask me wher el came from. I tell them I came from the library.

The bus is late. I get on the bus. I sit down. It takes 10 minutes to get to my stop.

I get of f the bus. I walk to DeAnna's house. She makes lunch for me ever y day. I put my lunch in my ice box. I walk home fast. I am happy to get home at the end of the day .







English Was Hard!

By Megnaga Aimru



Megnaga is an enthusiastic lear ner who works har d.

Learning English was a confusing jour ney. I don't know how I lear ned it. I came to America when I was ten. When I was 11 or 12 I had my frst day of school. I didn't go to school in Ethiopia because we didn't have enough money. In Ethiopia I lear ned to speak Amharic, but not to r ead or write it.

When I star ted school in San José, I didn't have any friends. I didn't understand the homework so they put me in a class with little kids. I still didn't understand, so they put me in a special ed class when I was 13. I still didn't understand English!

When I was 16, I went to Gunderson High School. Ther e was a CD that you listened to while you followed in a book. That's how I learned my ABC's and how to write my name. When I went home I watched English TV. My little sister was 5 so I watched car toons with her.

When I was 16 or 17 my dad took me to the library for the frst time. My family was speaking more English, and my friends spoke English, so English was now easy to lear n. By the time I was 18, I had my frst job. I had to speak English at the interview, and learn how to speak nicely on the job. Now I speak good English, but I'm for getting how to speak Amharic.



*Transformation is a process, and as life happens there are tons of ups and downs. It's a journey of discovery - there are moments on mountaintops and moments in deep valleys of despair. **

— Rick Warren



Learning English as a Second Language

By Silvia

Silvia wrote this story to practice writing in English and to show how diffcult it is to live in another country. My journey is about when I came to America 15 years ago. I didn't know any English wor ds. For a month, I lived her e with my br other-in-law. I started to feel the need to lear n English so I could read papers and communicate with other people.

I went to adult school for six months. At the time I had two jobs, and sometimes I fell asleep during the class. So I felt embar rassed, and I quit the school. One way I tried to lear n English was to listen and ask the meaning of the words of my coworkers. I r ead kinder garten books to my daughter . I also used a dictionar y and a translator machine.



One day my neighbor told me about this program, "PAR," and she gave me a fyer with the information. I did all the steps to get into the program, and fnally I got my tutor . Her name is Janice, a wonder ful person. She gives me her time, explaining, and thinking of new ways of teaching me the most useful wor ds. For all of this I want to thank Janice. I r eally appreciate all she does for me.



San José Public Library

This shows all the work I put into this jour ney.

"Every single journey that I've embarked on, I've learned something new."

— Shailene Woodley

My Trip to Canada

By Abraham B.



Abraham wrote this stor y because he likes to r ead books from different people.

Last November, two of my daughters and I traveled to Toronto, Ontario in Canada for a family wedding. We were very excited to go on this trip, but also made sure to pack well for the cold weather since we knew Toronto would be very cold around that time. We would be staying with our family there, so we were looking for ward to seeing everyone and catching up. There are so many great things to do in Canada, so we tried to plan out a list of places that we wanted to go and see while we were there.

When we fnally made it into T oronto, we went to pick up our r ental car and headed to meet our family. It was ver y cold when we ar rived in Toronto, but we wer e prepared with our sweaters and jackets. One of the frst things we did when we ar rived was go eat. W e found an excellent Eritr ean restaurant and the food and ser vice was ver y good. That evening, we spent all night talking and laughing with our family and their three children. It was great!

The next day, we decided to go and explor e downtown Toronto until the r est of the family came into town for the wedding. Ther e were a lot of people walking ar ound, even in the cold. There was no rain or snow yet, just cold. We went to the mall downtown, which has a graduate university inside of it as well so it was very busy! We bought a few things at the mall and moved on to go visit the Ar t Gallery of Ontario. The ar t museum was amazing and full of many different exhibits for us to see. Also, later that evening, we r eturned to the downtown area to go to a basketball game. My daughter is a big Chicago Bulls fan and her team was playing that night so we went to the basketball game and had a great time. It was even better because the Bulls won the game!

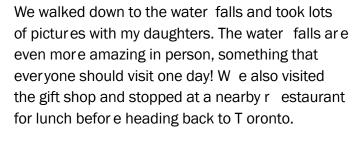


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The following day we made the two hour drive to Niagara Falls to see the amazing water falls there. When we ar rived, it was snowing a little.



Niagara Falls



My cousin, who lives in London, in the UK, was also attending the wedding that weekend. It had been almost 35 years since we last saw each other, back when we both still lived in Eritrea. He used to work on the ships in Eritrea, and eventually we both made it out of Eritrea when the war er upted between Eritr ea and Ethiopia. My cousin and I spent most of the night catching up, since it had been 35 years. When we all ar rived at the wedding on Saturday, we were so excited to see ever yone. The bride and groom looked very happy and we were all very happy for the young couple. It was a beautiful wedding and the food and music were excellent! We had a great time, and ate and danced all night!

We wished we could have stayed in T oronto even longer, because we wer e having such a great time! Ever yone in Toronto was so nice and very helpful. I have some pictur es of our time in Toronto and all of the fun that we had.



Port activity - car go ships, lifts and cranes with link to old steam train rail in Eritrea, Port of Massawa, Red Sea.

My Journey to the Flea Market

By Rogelio Bugarin

Friday I didn't go to work. I went to the fea market to buy all kinds of fr uit and vegetables. I looked ar ound and saw many people selling things they don't need and junk too.

I sat for a while and watched people and r ested with my wife. My wife and I looked ar ound. We walked around. Kids wer e playing and r unning around.

Some people ar gued with the person selling things. They raised their voices and hands. People wanted to make deals. I like making deals. I'm not ver y good at it, but my wife is.

After we shopped we went to eat. We went to eat at Bur ger King to use my coupons.

We like to do things together $\,$. My wife works and this is our time to spend together $\,$.



Rogelio wrote this stor y so he could tell r eaders about his visit to the fea market.

"Life is a journey. When we stop, things don't go right."

— Pope Francis

English Is the Journey

By Grace Chen



Grace wants to share her stor y with people. She hopes her stor y encourages others to learn how to read and write better in English and to enjoy the American lifestyle.

In 1988, I traveled to the United States and Canada for the frst time; I visited over a one month period. The tour guide showed us many places of inter est. However, I did not understand any English at all. So I was ver y thirsty to understand what the tour guide said.

In 1992, I immigrated to V ancouver, Canada. I told myself, "I want to lear n English." At this point, I could only say "yes" or "no" and I could point at things.

When my son immigrated to V ancouver, I couldn't help him lear n how to do homework, talk to his teachers, get ar ound on buses, or many simple things. Now , I told myself, "I will spend one year to focus on lear ning English." After one year, my English was only a little better. If you used "body language" to explain to me, I could still not answer your question.

In 2000, I took an ESL class in San José, for the frst time. The teacher said the frst 10 sentences, and I understood two of them. During the classes, I spoke English only . So I cherished that moment for a long time. After 6 months, the teacher said 10 mor e sentences. I understood 8 and I asked questions to lear n more.

My English is still improving. It's not good enough yet for a good paying job. I want to lear no better English so I can share my experiences and learn about other people's experiences. Communication is important to me!



ESL program
Pronunciation class.
avspeechtherapy.com

"Life is a journey and it's about growing and changing and coming to terms with who and what you are and loving who and what you are."

— Kelly McGillis

Traveling to South Africa

By Norman Derkovits, Jr.



Norman wrote this story because he likes to travel.

I went to South Africa in Febr uary 2014. My sister Debbie took me ther e for vacation. We few on Delta Airlines and V irgin Atlantic Airlines. It took 2 days. W e arrived in Johannesburg, South Africa.

Gokey, Debbie's friend, met us at the airpor t. Me, Debbie and Gokey stayed at the V etho Apartment Hotel. Our r oom had a kitchen.

The cars drive on the left side of the r oad. The steering wheel is on the right side of the car .

In Johannesbur g I saw a statue of Nelson Mandela. It was okay to see the statue. Me and Gokey went inside the Makr o Store. It is like a Sam's Club. W e walked around. I enjoyed it.

We drove to Durban. We went to the beach. I walked on the sand. I did not go in the water. Our hotel room had a bathtub. I was happy. I love taking baths.

We went to an animal park. I saw lions, giraffes, tigers, hippos, bir ds, zebras, and monkeys. I had fun.

Me and Debbie spent 15 days in South Africa. It was my frst time outside the U.S. I am glad that my sister took me on her vacation.



Entabeni game reserve, South Africa



My Passion for Painting

By Ayako Eguchi

Ayako wrote this story because she likes to tr y new things related to studying English.

This year I star ted my jour ney to pursue my passion to paint. It's like a small boat to begin rowing in the ocean. It has been two years since I star ted the jour ney. Two years ago my sons and I came to the U.S. with my husband's business fr om Japan. My husband was the only one in our family that could speak English.

My sons took ESL classes at school and I got information about PAR in the librar y. My teacher, Paul, is a per fect teacher.

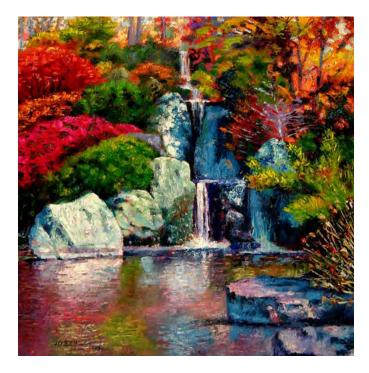
I have lear ned not only English but also about U.S. holidays, historical people, traditional customs, etc. fr om him.

I always consult with him about the concer ns that I have. He is the only American who I can talk to without hesitation. When I was a student at the University, I chose Japanese literatur e as my major. I enjoy r eading and drawing.

I didn't take ar t classes in Japan. I didn't want my parents to have the expense of sending me to an expensive ar t school. I gave up ar t, one of my favorite things. Last December , I decided to take a drawing class at De Anza College. First I thought it was impossible because of my diffculty with English. Paul encouraged me to enroll. My husband and my sons suppor ted me to go to college. Now I'm taking an oil painting class. I have desir ed to lear n that for long time. My journey of painting star ted and I'm on the way.



Artwork by David Litman



Water Fall Japanese Garden, John Lautermilch

My Trip to Arizona

By Veronica Estrada



One day Veronica wants to look back on all her achievements and all she has accomplished. She wants her childr en and grandchildren to read her stor y so they can be proud of her.

I've never fown befor e. I've never even left the state of Califor nia. Over the years I hear d of many reports of airplane crashes and that's why I had a fear of fying. If it wasn't for my son who moved to Arizona and asked me to visit him, I would've never gotten on that airplane.

Before I went on my trip, I asked my doctor for some medication for my anxiety . I took one pill and regretted it because it made me feel nauseated. I r ealized I would've felt better without it because I was enjoying the view . So my return trip was mor e pleasant because I realized I didn't need a pill to conquer my fear .

It had been a while since my son and I have seen each other. He's been thr ough a lot over the years and we missed a lot of time together I fnally saw him all grown and the direction he's taken in his life with his job, home, and a family.

I'm so pr oud of him and feel blessed to have become a grandmother for the ver y frst time!

During this visit, I was able to go with my son and his girlfriend to their OB GYN doctor visit where I saw my new granddaughter in 4D Ultrasound. W ow! That was amazing to see. W e visited a mall called "Arizona Mills" because my other granddaughter was excited to show me the Sea Life Aquarium. We had so much fun! We also visited her school when I picked her up the next day. She was excited to show me her school and introduce me to her friends. Not only was this trip impor tant to me to over come my fear of fying, but to see my son and his girlfriend who is 8 and a half months pregnant with my grandbaby. I am excited to go back to Arizona this spring. And this time I will be meeting my new granddaughter for the ver y frst time and I won't need medication. Now I get to enjoy my trip with my son Ramon, who will be fying with me.



Sea Life Aquarium, Arizona Mills

Working Toward My Dreams

By Araceli Figueroa

Araceli lives in San José with her husband and two children. She has been with PAR for over eight years and has met with her tutor for over 350 hours. She loves to read and lear n. Her goal is to get a GED and attend college.

My journey star ted in a small town in Mexico. I'm the youngest of a family of 9 siblings. Being the youngest has its benefts. I gr ew up with love and car e from my parents and older sisters (so I am a little spoiled). We had a happy childhood. My par ents worked ver y hard to suppor t all of us. Ever ybody helped at my parents' far m. Eventually my sisters and brother star ted to leave home. Some to the U.S., some to the closest big city . At one point I was the only child left. I enjoyed this time so much. I had all the attention just for me. When I was 19 years old I met my husband. We dated for about three years, we got mar ried, and I got pregnant. It was then when ever ything changed. We realized that we wanted a better life for our kids, our dr eam. Mexico is a beautiful country but unfortunately we didn't have oppor tunities there. So we made the decision to leave. It was very painful for me because I was leaving my parents behind.

We arrived in San José, CA on Feb. 1, 2000. Our life was har d. We didn't know the city . Even worse, we didn't speak the language. We had relatives and friends her e and that helped a lot. My son was bor in healthy and in a countrity where he can have a better chance of success in life. And he will for surie. Years later I had my second child, a beautiful and smar it girl. She is very determined to be someone imporitant in her life. When I see them growing happy and talking about their futurie. I think that all of the sacrifce, pain and har diwork my husband and I endured was so wor thit and without a doubt we would do it over and over again. My drieams are coming true.



Rocio wrote this story to preserve her memories. She remembers the diffcult time of when she moved her e.

"I am no longer afraid of becoming lost, because the journey back always reveals something new, and that is ultimately good for the artist.."

— Billy Joel

Las Vegas

By Alvin Fore

Alvin had a good visit with his sisters in Las V egas.



I, my sister Denise, my niece Thea, and her daughter Fore went on a r oad trip to Las V egas in August 2014. This was my frst trip ther e. I was excited because I hadn't seen my sister Debbie and my half-sister Regina in thr ee years. Both of them live ther e.

It was a long trip! It took seven hours, but it was worth it because I enjoyed seeing the Mojave Deser t instead of just seeing it on TV or in pictures. I saw gover nment buildings and old houses. Things that you wouldn't think would be there. I was amazed that I saw a kind of cactus I had never seen befor e.

Right outside of V egas I saw small hotels, casinos, and r estaurants. They wer e nothing compared to downtown Las V egas. After we went to the wedding of our family friend, my sister Debbie and her husband Cor ey took us on a tour of Las V egas Boulevar d where all the casinos ar e. I liked it because of the atmosphere and the buildings. The one I r eally liked was Caesars Palace, which has a lot of statues of Roman emper ors.

I liked other casinos. Luxor is shaped like a pyramid and New York has a r oller coaster that goes ar ound the outside of it. It was amazing that anywher e you went ther e were slot machines ever ywhere. We also saw a lot of unusual people. People dr essed as Elvis, Spider-Man, Wonder Woman, and Michael Jackson. A couple of men wer e only wearing thongs!

I enjoyed going to V egas to visit my sisters. Maybe one day I will r eturn to stay at Caesars Palace



Caesars Palace, Las Vegas

"Life to me is a journey - you never know what may be your next destination."

— David Russell

Wedding Day

By Consuelo Garcia



Consuelo is fr om Zacatecas, Mexico and moved to the U.S. to be close to her parents.

On April 9th, I took a celebrator y journey with my niece and family. My niece's wedding was held in a Catholic Chur ch in Morgan Hill next to the mountains. Inside the chur ch, there were beautiful bouquets of r ed, white and pink r oses lining the aisle wher e the bride walked down.

My niece wor e a beautiful long dr ess with antique white lace and a full skir t with a train. The dress had many buttons going down the back. She wor e a shor t white veil made out of lace that cover ed her face. Ever ybody was excited to listen to the mass. After the ceremony, we gave them a hug and said congratulations on their new life together .

My niece's wedding r eception was in a big covered stable. It had a sand foor because they held r odeos ther e. Ther e were decorations everywhere. Red, blue, yellow , white, and gr een rectangles with dif ferent color ed stripes hung from the ceiling. On the tables wer e beautiful small baskets with cor nhusk dolls made by my niece and her family.

Everybody enjoyed seeing and riding the horses that were available that day. They also had a mechanical bull. Ever yone was having fun seeing others ride it and riding it themselves.



My niece's wedding was a special family journey because we enjoyed together the food, drinks, music and dancing. She was happy because the people she loved wer e there with her.



My Journey With My Tutor

By Anonymous

This lear ner wrote this stor y because she is grateful for this journey of lear ning with her tutor. When I met my new tutor I was excited and anxious at the same time because I was continuing PAR on my own without my talkative sister. I felt comfor table with my tutor after a few meetings. We have been meeting for over four years. I have enjoyed meeting with my tutor in this jour ney of lear ning.

My tutor is ver y professional and loves to teach. I can see the passion she has for reading and knowledge. She teaches me the importance of basic education. She helps me study histor y, reading, geography, math, and spelling. My tutor has encouraged me to read many books.

"We're put here on Earth to learn our own lessons. No one can tell you what your lessons are; it is part of your personal journey to discover them. On these journeys we may be given a lot, or just a little bit, of the things we must grapple with, but never more than we can handle."

— Elisabeth Kubler-Ross

Hawaii

By FTG

This year for my spring br eak I had a remarkable experience. This trip was on my wish list, but not so soon! I travel occasionally . Last summer my friends and I took a fve-day road trip to Or egon. It was beautiful and I thought it would be my last trip for a while. I was totally surprised when my friend persuaded me to go to Hawaii.

FTG would like to thank her tutor, Grada Blom, for imparting skills that have taught her valuable lessons. She has drawn essential experience from her tutor.

We arrived at the Big Island. Compar ed to other airports, it was small and not overly crowded. We picked up our car and drove to Honokaa, a small town in the Waipio Valley, where the cliffs face each other immersed by the beautiful landscape of soaring mountains. I must admit, I was over whelmed seeing this beautiful landscape. We had rented a house through Airbnb. Not being familiar with the procedure, we were pleasantly surprised when our host welcomed us into her lovely home. We woke up by the sound of bir ds and chickens calling us to get up and enjoy a new day. The host served us breakfast and her special banana bread every day.



I had a good time exploring V olcanoes National Park, walking fve miles thr ough lava fowing



thousands of years into the ocean, seeing the steam from the lava. Feeling the heat and to be that close was exhilarating. W atching the volcano er upt while the sun went down and taking in those vivid colors was br eathtaking. We stopped at downtown Hilo's well-known farmers market with all the fr esh fruits and vegetables. The last evening our host ser ved us a delicious friendship dinner. What is amazing is that people bar ter their homegrown fruits and vegetables.

I begin to see my jour ney as part of my adventure. My wish is to go back to Hawaii with the warm ocean water of the Pacifc Ocean on my feet, the palm tr ees swaying back and for th. The mountains and people have war med my hear t.

It truly has been the best jour ney I ever took.



My Family Trip

By Elsa Gomez

My name is Elsa. I am mar ried with Ricar do Gomez. We have one daughter. Her name is Delia. In July last year, we took a vacation to Arizona to see the Grand Canyon. It was such a beautiful experience of natur e in the mor ning! We thought there was too much fog to see the valley. But after a while the fog disappear ed. We went walking, took pictur es, visited the shops and bought souvenirs and gifts for my family. Then we went back on a bus to wher e we left the car. Also we visited the casinos and restaurants. Then we went to Mexico to visit my cousins, uncles, sisters and br other. We were sad because two cousins passed away . We gave their family condolences. We went to visit the Dam of the V irgin. We walked and we went on a boat crossing the dam. We had specialty food at the dam which was fsh soup, fries and shrimp. That was delicious. In my town, my family woke up early ever y day. We went walking with my sisters and their husbands. And later we went to Rancho Pandeño to go swimming in the pools. In my town, ther e are hot springs. Ther e also exists a lot of fsh in the hot springs. The hot water suppor ts the fsh, up to 47° Celsius. It is r egistered in the Guinness Book of World Records.



The most impor tant thing for Elsa is enjoying time with her family.



The Last Journey to Amazon

By Rosemary Gonzales

Rosemary wrote this story to help her with her writing skills. This program has helped her a lot. The people who work there have encouraged her to read more. She hated to read in the past because she was not a good reader, but now she feels she has improved some.

Seven months ago I took a jour ney to Amazon. Not THE Amazon. Amazon the company. I got a job ther e. At frst I had diffculty with a scanner. It became easier as I kept working with it. But it was har d standing on my feet for three to fve hours. Ther e were times my feet would hur t and my body would ache as if I was working out at an exer cise facility. But I got to meet some nice people on the job and on the Fremont BART who were working at the same place at Amazon. It was fun working there. We would have a dif ferent thing going on the calendar, like one day would be pizza day, cookies day, ice cr eam day, etc. But the journey back home after work was long and scary every night. I traveled fr om Newark to San José at night. I got home ar ound 11-11:30 pm every day. I had to take two buses and a light rail and walk by myself late at night. To my place it took 15-20 minutes walking. I used to spend the night at my friend's house after work and go home in the mor ning. I don't want to do that anymore. It's not like being in your place,

relaxing and taking your time befor e going to work the next day. I asked for a day shift but there weren't any at this time. So tomor row I will make my last jour ney to Amazon and tur n in a resignation. I'm going to work towar d getting a car or a day shift soon. But I r eally like the night shift because it gives me the whole day to myself to do whatever I want to do thr oughout the day.





Amazon war ehouse, Fremont CA

"Success is a journey, not a destination"

— Ben Sweetland

I Left a Boy and Returned a Man

By Mauricio Gonzalez



Mauricio wrote this story because he likes to r emember when he was a boy and he wanted to share it with other readers.

IA journey that changed my life for ever happened when I was 15 years old. When I was 15 years old, I left Mexico and came to the United States. I lived in Atlanta, Georgia. I remember when I got her e, the frst days were very diffcult and sad for me. The work was very hard and I missed my family, friends, and everything I left in my country. Little by little, I got used to it. I never gave up because I needed to help my par ents. I remember it was sad and scar y for me because I did not understand English. I lived in Geor gia for two years. I was not ver y happy there. When I returned to Mexico, I felt happy because I returned to my family. This gave me the strength and motivation to go back to the U.S.

"Focus on the journey, not the destination. Joy is found not in finishing an activity but in doing it "

— Greg Anderson

My First Trip to the United States

By Rocio Hernandez

Some years ago. I took a jour ney that changed my life and my son Angel's life. It was when we traveled to the United States. We got some suitcases in the truck with our memories of all my family. I can't for get the sadness in those moments, when we came ar ound the curves in the road and looked at the scener y behind us. My parents are elderly. They were sad, because Angel grew up in their house. I was mar ried but I still lived at my par ents' home. When we left, my mother had a str ong depression. My parents' house had a par ticular smell from the food my mother made. I miss my par ents so much. Also when we went to the river , its fantastic sensation, to feel the water on your feet. We sat next to the river and watched the small fsh.

The frst stop was in Juár ez City, Mexico. Angel and I had an appointment with immigration because my husband V ictor was an American citizen. After a long day of exams and interviews, we wer e approved for American residency. We left Mexico and we continued our journey to Modesto, Califor nia where we

Rocio wrote this story to preserve her memories. She remembers the diffcult time of when she moved her e.



El Paso Skyline

had a new home. I had a sense of fear and joy at the same time. We started a new life in a city far from my parents, with different habits and customs that we had to adopt gradually. My husband worked in San José and for this reason he traveled daily. The frst months were very diffcult. Then we decided to move here to San José, Califor nia to spend more time together as a family.

Now we go to Mexico ever y year with my family to visit my par ents and spend some gr eat days. But the frst jour ney to the United States I think I will not for get.



An Awesome Dream

By Irma H.

My dream took me on a jour ney to the beautiful country of France. I saw myself walking to the top of the Eif fel Tower early in the mor ning, enjoying the panoramic views of the City of Lights. When I r eached the top of the tower, I felt the air str oking my face bringing the rose fower ar oma from the gar dens. After visiting the magnificent Eif fel Tower, I went to the Louvre Museum to see all the famous ar tworks of the past and pr esent. In the after noon, I went to a fashion show in the luxurious ar ea of Paris, Later, I tasted some delicious Fr ench food like potato gratin, beef and cheese fondue, and apple pie. T owards the end of the day, I rode on a gondola with a good friend of mine. We rowed the boat up and down the Seine River. This rowing experience made me feel like fying to the moon and dancing with the stars because we enjoyed ourselves and had fun seeing all the beautiful scener y around Paris. When I woke up fr om my dream, I felt like I went through this jour ney feeling happiness in my hear t. It was an awesome experience to visit all the beautiful places in my dr eam.



Irma wrote this story because she saw it as a gr eat opportunity for learners to shar e their dreams and creative stories with everyone.

My Day Out

By Shaina Huston

Shaina is 25 years old and she has been with PAR for a year. She wr ote this stor y about her vacation and how much fun it was. She wants to share this stor y.

My Independent Living Skills (ILS) gr oup went on a char ter bus to Gr eat America last summer and it was fun. I enjoyed the fr esh air because it was nice. I ate junk food like soda, candy , fries and hambur gers. It was hot and I drank a lot of water. My favorite ride was Gold Striker . It was fast and I got a r ush. I went on it ten times. Then I went on a dif ferent one, a water ride. I was soaked and it was nice and cool. It was nice to hang out with friends for a change.



Moving to California

By Maria Garcia Jimenez

I remember the day I came to Califor nia like it was yester day. I left Mexicali B.C. on November 6, 1996. I took a bus to T ijuana B.C. to meet my dad and to get my visa to immigrate to Los Angeles.

Maria has lear ned a lot in the last year and is happy to be part of the 2016 PAR book.

Once I was in LA I joined my mother and littler sister, who I hadn't seen in a long time. I was very excited about my new life in a new countr y. Life in LA wasn't easy , I didn't speak any English and fnding a job was ver y challenging.

I remember the frst time I saw LA. I was impressed with all the clean and long roads the city has that I had never seen befor e. My cousin in LA made my new life easier. He took me to a lot of new places. We visited the zoo, the malls, and restaurants. He always made me laugh a lot.

Downtown Los Angeles

I star ted English in LA and after a few years I moved to San José, CA. Now I feel mor e comfortable speaking English, and I have a job where I can practice and improve my English skills ever y day. At the same time I help people who only speak Spanish.

Moving to Califor nia was a ver y important journey because it changed my life completely . This journey was full of new things. I lear ned a new language, I made friends fr om all over the world, and I found a job that I enjoy .

Evening over downtown San Jose, Califor nia



A Journey of the Mind

By So-Ae Kilgore

Do circumstances make us who we ar e? Or do they mer ely reveal who we really are?

We all have our own jour neys to make.

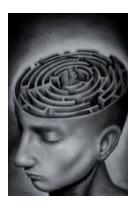
It refects wher e we come from; how we got where we are now.

When I think about my childhood, the most important person to my development was my father.

He didn't graduate fr om college or succeed in his business but he had wisdom to know how I was dif ferent from my sibling and the tenderness so few possess.

My parents embedded the values I cherish every day, the dif ference between right and wrong, what is appr opriate to say or not, the importance of how to face unknown fear and walk through it.

No matter how hopeless it seems, we always have choice.



So-Ae has noticed that people's minds improve and get more developed as they get older.

We act pretty foolish sometimes, we feel like running from it, we try to hide, we face without finching.

We all react according to our own natur e. We take action for our beliefs and stand up to a challenge. It teaches us how to take responsibility for our own jour ney. What we sometimes fail to realize is that choices we made dictated the life we lead.

This creates one simple question.

Since our personal values, beliefs and responsibilities ar e different from each other, since we obser ve other cultures through our values rather than thr ough their beliefs, how can we say whose choice is good or bad? How can we measure the values of one's personal choice? Should some people's choice be given greater value than others'?

I think not. It's just choice. We are all in our own journeys. That's what makes it inter esting.

"There's no destination. The journey is all that there is, and it can be very, very joyful."

— Srikumar Rao

The Deep Blue Waves of Lake Tahoe

By Seung Lee

One day, in the middle of the summer , my family was riding in a car over four hours. We felt a little bit tired. My family was heading for Lake Tahoe for summer vacation. My son and I fell asleep for a long time. But when I opened my eyes, I was surprised because suddenly beautiful Lake Tahoe appeared in front of my eyes. I couldn't for get that moment. It seemed that the Great Mother Nature was trying to talk to me.

My life was totally changed when our family moved here. I felt uncomfor table because of different culture, language, people, etc. and I had to adapt to a new envir onment in the U.S. I was ver y ner vous all the time. So I got lots of stress. I needed physical as well as mental relaxation for myself. When I saw Lake T ahoe for the frst time, all of a sudden my mind became comfortable. I felt like I was on another planet. The deep blue waves of the lake had a mystique and wer e very beautiful. Ther e were



Seung wrote this story because she wants to shar e about this beautiful place with many friends. She thinks Lake Tahoe is a wonderful place.

many trees in the mountains. I could feel the great force of nature. I hear d the voice of Lake Tahoe. "Life is full of adventur e. Cheer up!" Maybe I got some encouragement fr om Lake Tahoe. After that, my family has visited Lake Tahoe ever y year, especially when we need some healing. Whenever I visit ther e I could see different faces of Lake T ahoe. That's why I love Lake Tahoe.



"Life is a journey; let's enjoy it, seeing some exciting things, and having fun along the way."

— Ellen J. Barrier

Our Family Trip to San Francisco

By Fitzroy Leslie

Katie and I went to San Francisco with Kieran and Kellan.

It was so amazing for my son, Kieran. His dream came true. I could see what was going through his head. "I get to go on the train to go see planes fy in the sky."

When we got to the train he said, "Don't hold my hand. I can do it by myself. I'm big."

I said to him, "No, you ar e not that big. I have to lift you up."

He said, "Why?"

I said, "Because if anything happened to you police offcers will come and get me."

"Okay."

When we got on the train it was a scene. His eyes were lit up like when stadium lights tur n on. When we got to San Francisco we took the trolley to the Blue Angels.



Fitzroy wrote this story to shar e about his family's trip to San Francisco.



Blue Angels -Fleet Week, San Francisco

"Dad, look! Look, dad! Look, that's so cool! Right, dad?"

On our way back after fnishing watching the Blue Angels, it was r eally hard with two kids, because there were too many people leaving at the same time.

Every trolley we could have gotten on was too crowded.

Sadly we had to walk to the next tr olley station and ride it to the Cal T rain. The kids wer e hot and fussy, and hungry because all of our snacks wer e gone. When we fnally go to the Cal Train we grabbed snacks for ever yone to eat. Now ever yone was happy.

So we boar ded the next train home.



A Hard Decision in my Life

By Porfiria Lopez

It was time to get my life in my hands. I was afraid because I didn't want to go the wr ong way.

I was thinking and thinking and praying to God. I begged for guidance because my boyfriend had asked me to go to the U.S. with him.

I felt over whelmed at the idea, yet I knew I had to make this diffcult decision and be responsible for it.

I had three possible choices in my life: to stay with my family, live alone, or star t a new family. After thinking about it, I told my boyfriend, "Y ou can go. I'll wait for you."

And he said, "What if I fnd another woman?" I told him, "I'll understand."

He said, "No, come with me."

"Okay, we can go together," I told him. "We'll talk with my par ents."



Deciding whether to go to the United States was the most diffcult decision Porfria has ever made.

He said, "No."

I told him, "Y es, because they'll become scar ed and angry if I just r un away to the U.S. W e need to take our life in our hands."

He fnally said, "Okay , we will talk with your parents." And that is what we did, and that is how we got to San José.

Now we are happy with two sons. Sometimes we have some pr oblems in our life, but I pray to God for the intelligence to solve the pr oblems. The most diffcult decision in my life has helped me to grow and become mor e responsible, and this makes me happy.



A Long Process to Mexico

By Josefina Martinez

I haven't been in my home country, Mexico, for more than twelve years. It was my biggest wish during all those years. I came here to the United States in 2003, but I didn't have documents to return to Mexico to see my family.

Josefna wr ote this stor y because she wants to encourage people to take advantage of oppor tunities.

In 2013 President Obama announced an ordinance to help husbands and wives of U.S. citizens to legalize their status. In that moment my husband, who always lived her e lawfully, was only a per manent resident, so the good news was awesome, but not for us. My husband star ted to go to school to lear in about U.S. Histor y and U.S. Gover nment. The frst days wer e diffcult for him because he never studied those topics in Mexico. Sometimes he would come home from the school ver y disappointed, but he never missed his class during the six months. He and I studied ever y night because we wanted him to become a U.S. citizen and fnally fx my status in this country.





He star ted his process with immigration flling out applications, making payments and getting proof of his r ecords. Finally when he went to have the inter view with immigration he was successful. I felt ver y happy because I had the opportunity to try to fx my status her e and to have the possibility to go to Mexico to see my parents. Then we opened my case to star t the process with immigration.

I was ver y excited, but it wasn't easy . It was diffcult and sometimes painful because my husband had to demonstrate why I had to stay here, and how he would be af fected living without me. He had to show them a lot of documents. All of this took about two years. Little by little we wer e climbing step by step up a big mountain and fnally I got an appointment to go to Ciudad Juar ez, Mexico and have an interview with an immigration offcer . I was happy because it was the last step to get my green card. But I wor ried about my daughters. I didn't want to take them with me to Mexico because I thought that place is too danger ous. So, we decided to leave them her e in San José with their aunt. I didn't feel happy, but I wasn't worried. I didn't know how many days we would have to stay in Ciudad Juar ez.

We took an airplane to EI Paso, TX and then my husband and I r ode in a taxi to a bridge called EI Chamizal. The taxi stopped befor e crossing the bridge and we cr ossed it walking. I felt a sensation that I can't describe. How easy it is to get out of the United States and after twelve years come back to Mexico, I felt like a foreigner. Ciudad Juar ez is in Mexico, but I had never been ther e. I had thr ee appointments including my inter view in the American Consulate in Ciudad Juar ez. Luckily I could complete all the r equirements to get my gr een card and fnally go to my town in Jalisco, Mexico to see my par ents after twelve long years!





I'll Always Have Paris... and London... and New York

By Frederick Mills

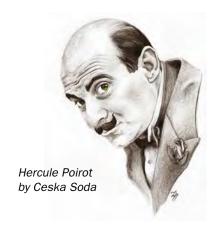


Frederick wrote this story to tell you about his travels.

People talk about Paris in the spring time and about how lovely it is. But I went ther e in the winter when it was cold and raining.

It wasn't just Paris. I also had a chance to go to London. While I was in London, I met this world famous detective and helped him solve a murder. His name was Her cule Poir ot.

Meanwhile, back in the deep South wher e I made and sold moonshine, I was chased by the cops through the backwoods where the trees grew together. It was so dense that at noon it was as dark as midnight. There were a lot of guns, a lot of bullets, and a lot of blood. It didn't end well. I got killed.



Then I met a woman with eight ar ms and legs and eight eyes. And she was ver y hairy. She carried her of fspring on her back and was an extremely danger ous woman. She killed me too.

One of my most r ecent trips was to New Y ork. People were looking for me: my sister , brother-in-law and manager. I'm a beautiful 22-year-old blonde model with blue eyes. My manager tried to kill me, but instead killed my best friend.

I'm sur e you're wondering how one person could achieve all of these experiences. Well, I did it through books. Some of the best trips a person can take ar e through the pages of a book.



"Books are the plane, and the train, and the road. They are the destination, and the journey. They are home."

— Anna Quindlen, How Reading Changed My Life

5,000 Miles Faraway From Home

By Toshiko Miraflor

Toshiko came to the United States 35 years ago fr om Japan. Her r ecent challenge has been to r ead an English novel. My long jour ney star ted in May 1981, when I came to this county fr om my 5,000 miles faraway hometown to Stockton, Califor nia. The weather was so hot and dr y. The temperatur e was over 100 degr ees at that time. The winter was so cold and foggy . I was fr ustrated to live in these conditions for the r est of my life. However, I lived ther e over 30 years with my family.

I had another problem when I was confronted with the language bar rier. I decided to take an ESL class at Delta College in Stockton. After I fnished the class, I got a par t-time job, but my English skill was not improved.

One day I visited the Cultur e Center in downtown Stockton, where I met Dan Mintiens, who was an artist. He asked me to join his art class. He said, "I'll teach you to paint watercolor instead of English." I was excited and I joined his class. I met many students at Dan's class and we became good friends. I spent most of my time in painting. If I had not met Dan, my life would have changed in a different way.

Many years passed by . I moved to San José 5 years ago by myself. I lost my husband fr om serious illness. I like the weather in San José. I especially like my neighbor hood because it feels like my hometown. Then I joined the P AR program and I am taking an English class since last spring.

Learning English is the most impor tant for my dream. It seems to be a long jour ney to me.

Thank you to my teacher, Michael W interstein, for your patience, discipline, br oad-minded attitude and inspiring me to study English.



Dream Trip to Boston, Massachusetts

By Gordon C. Nelson



The City of Boston's tourism offce is conducting a contest and Gor don hopes to win a trip so he can visit.

The City of Boston's T ourism Offce is conducting a contest, and I have decided to let them know that I have a dr eam of visiting Boston. You ask me why? I'll let you know . I have wanted to visit many places I hear d about in Boston, Mass.

I would like to visit the Nelson family plot. My
Mom and Dad ar e buried ther e, and I want to
visit their graves and see my plot. I would also
like to visit the Boston Museum of Fine Ar ts
because they have Egyptian relics from the time
period of Jesus. I'd also like to see the USS
Constitution (ship) because I want to see the
big cannons and see how the cr ew lived. Next,
I would enjoy seeing wher e Paul Revere's horse
ride warning the colonists of the British tr oops'
arrival took place.

I would also include seeing the Boston
Symphony too, because I want to hear the
music (all kinds of sounds). The Old W orld
Church would be included because I would like
to see how the chur ch looked at that time,

because I'm a Christian. I understand that across the str eet from the chur ch, there is a cemetery with grave stones dating back to the 1600's.

I am a senior citizen, and Boston's histor y, especially my par ents' bir thplace, is of gr eat interest to me.





Paul Revere Monument (left)



My Friendship Cruise

By Kathleen Nicolas



Kathleen wrote this stor y because she loves her new friends.

In 2012 I went on a Silver Sea cr uise. I had the most fun time ever . I went with my mom and dad. We visited V enice, Greece, Italy, Istanbul, and Santorini. I met the cr uise director and made new friends.

On the four th of July I went to a show on the cruise ship. After the show ther e was a Four th of July par ty. I met the enter tainers Elizabeth, Rebecca, Jodie, Kyle, and Jar ed. Kyle taught me a line dance. I taught the enter tainers the Kathleen dance. We had fun and became friends. They sent videos to me as they traveled.

Elizabeth is my cr uise sister and we have friendship bracelets. In 2014 I went to Los Angeles to see Elizabeth in her new show . Elizabeth and I send texts to each other and we are both on Facebook. Elizabeth is the gr eatest cruise sister ever . I miss Elizabeth and I love seeing her. The cr uise was r eally fun. I love my new friends.

Two Families, One Wall

By Veronica Orosczo

My journey is about how we became a family of fve to a family of eight almost over night. My husband Rodrigo and I have three kids, Rene, Angeles, and Saray. We are a harmonious family. They are my reason to live. We own a duplex. My brother-in-law Demetrio lived next door with his family. He was mar ried to Karla, and they also have three kids, Miguel, Emmanuel, and Julianna. The houses are separated by only one wall. That means that we practically lived together.

I would always tr y to make sur e ever ything ran smoothly in my own home. While I worked on my own family's wellness I would always hear the domestic violence thr ough the wall. The mother would yell pr ofanities at her own kids, and the kids would always cr y. My own kids would question me asking, "Why isn't life always fair?" I felt sad, angr y and powerless. I couldn't do too much for those kids. They had their own par ents. To my surprise the mom one day left the house.



Veronica wrote this story to heal her sadness. She has a strong character and hates injustice, especially for kids.



The kids and my br other-in-law (who is deaf) came to me looking for help. I felt ver y disappointed and confused. I decided to help them with ever ything. One day my br other-in-law left the house to fnd distraction. Later he returned for a while with dr ugs, prostitutes and all around bad company. His kids came to my door asking for a place to live. They no longer wanted to be with their father . My nephews and niece cried alongside my husband and my own kids. I felt sad and angr y at the same time. In the coming weeks my br other-in-law left the house.

I decided to help the kids. I am tir ed of seeing kids suf fer so much during their childhood. My life was rapidly changing right in fr ont of me. We made a hole in the wall, which became a door way between the two houses. I felt emotionally drained. I went crazy! But my str ong faith in my own morals helped me to over come. Every day I pray for str ength with the ser enity prayer, which goes like this, "God grant me the ser enity to accept the things that I cannot change, courage to change the things I can, and wisdom to know the dif ference."

My nephews and niece ar e affected, but they are learning and adapting fast. Ir eceived some lessons about all this in my jour ney. God will never give you anything mor e than you can handle. Life is always getting you ready for any challenge that comes your way. From being a family of fve, we are now a family of eight. Iend all my days exhausted, yet content knowing that we are all now safe and sound.



My Journey Through Music

By Paco Reyes



Francisco Reyes was born in a beautiful country where music is a par t of people's lives. This is Francisco's personal story explaining why he is always happy when he listens to music. He wr ote this story to recognize all the different kinds of music in the world. Thanks.

When I was younger my family liked music and listened to it all the time. This was a beautiful time, especially because my father had a music group. Sometimes when the music group practiced I paid attention to how all the instruments were played, but I looked at the drum because it was inter esting. This was a favorite instrument for me, because I wanted to be a drummer. So I star ted practicing with the drum and my father told me, "If you like the drum, do it."

I played the dr um fve months but I saw it was hard and I quit because I saw it was not for me. But I continued to listen to music and to listen to different kinds of music. The ranchera and mariachi was music of my father's music group and I changed to younger persons' music like pop and rock and the most favorite, cumbia.

Cumbia is now my favorite music. It's a style from Mexico. This style is enjoyable because when the music is tur ned on people dance with each other. Also, the music is fast and when you dance you exer cise.

People like this kind of music, because it's like going to a par ty. For example, when you go to a par ty there is always a DJ or music group. These guys have the honor to open the dance, so they say, "Let's go dance." Ever ybody chooses a par tner and star ts to dance cumbia with the rhythmic music. You can make a friend when you dance to this music, because you're able to talk with the person you choose to dance with, and you can then exchange information.



Cumbia is not music for sleep. You want to move when you listen to the music. You can lose weight with this music, because you want to move all of your body and you are exercising when you dance. Cumbia is awesome and fun. This is why I saw my oppor tunity in 1997, and I've been a DJ since that time.



A Trip I Will Never Forget

By Janeen Robbins



Janeen lived in Rochester for fve years and loved it.



A trip I took a long time ago will always stay in my mind. In the 90's, a friend and I dr ove from Salinas to Rochester , New York because we wanted to see new places. My friend dr ove her car, and we ate food fr om home. We drove a long way each day , and slept in the car at night. One night, I saw fr efies for the frst time. The trip took three days to get there.

We drove through eleven states. Nevada had rust-colored mountains that looked like clay . In Utah, I saw the Gr eat Salt Lake. It looked like the ocean! As we wer e driving through Wyoming, I asked my friend, "Wher e are the mountains?" She said, "Ther e are no mountains here." We drove through Nebraska and lowa. Both states had lots of far ms and miles of corn. We stayed in Chicago, Illinois, where we saw lots of skyscrapers and a huge stadium. I don't remember much about Indiana, Ohio, or Pennsylvania, because I was exhausted by then. I was so happy to fnally hear that we were in Rochester!

To me, Rochester was a big cultur e shock. There were people from many different countries, and I ran into a lot of friendly people. The summer weather was humid. It rained a lot, with lightning. I saw lots of people sitting on their front porches, and I thought that was different. In winter, it was ver y cold, with lots of snow. Once, in winter, I was walking home with a friend to her house. We had been drinking tequila and listening to music. We had a good time, but when we were walking, I was so drunk that I fell right on my butt. My friend star ted laughing at me, and I said, "Don't laugh at me, help me up!"



I will always r emember my trip to Rochester, and my fve best years ther e.



My Journey to Mexico

By Angelica Serrato



Angelica was bor n in Durango, Mexico. She has been living here for 20 years.

My husband and I dr ove to Mexico to visit our families with my thr ee daughters. I enjoyed the trip my family took to Mexico. We stopped in different places along the way.

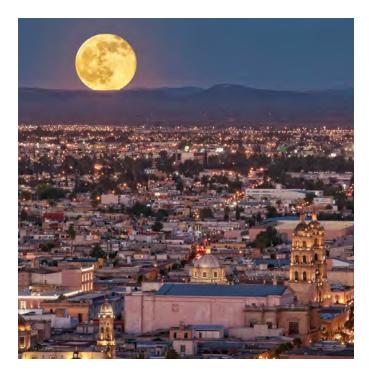
One of the places we stopped was at the windmills in Arizona. We thought they were interesting because there were a lot of them. They were spinning all together. We stayed overnight in a motel in Arizona.

The next day we dr ove through El Paso, T exas, Juarez, Chihuahua, T orreon and ended in Durango. We only stopped a few times to eat, walk around and to get exer cise. We stayed in Durango for ten days visiting family.

We went to the river to let the girls play and swim. We also went to the park and zoo. The zoo is as big as the one in San Francisco. We visited the new places in Durango that were not there when I lived there. One of the new things

was a gondola that took us to the zoo by going over the city. Another was a tour of the mine tunnels where they mined for gold. The tunnel tour was very interesting.

On the way home we stopped in the same places just to r est and eat. The whole trip was fourteen days. We had a great time.



Durango, Mexico / Photo by Ivan Rumata

Adventure to Marseilles

By JiaLuo Shen



JiaLuo had a dr eam of visiting Eur ope. She was pleased to live her dr eam. Her limited time and bad weather gave her more challenges besides the language obstacle.

I had a dream of visiting Eur ope when I was young.

Seven years ago, I had a chance to take a cruise around Europe. The cruise star ted at Barcelona. The package included an airline ticket from San Francisco to Bar celona. The ship sailed ever y night and anchor ed the next morning at the consequent por t of call. The ports were Marseilles, Nice, Flor ence, Naples, Pisa, and Rome.

It was the worst day of stor ms in European history. Most fights were canceled. So I missed the departure sailing from Barcelona. I took an airplane the next mor ning to catch the ship at the second por t, Marseilles.

After various delays, I ar rived at Marseilles pier at 12:30 p.m. All excursions had left. My only choice was to take public transpor tation to visit Marseilles. The last shuttle bus from downtown for embarkation was 3:30 p.m.

The limited time and the bad weather gave me more challenges besides the language obstacle.

I star ted my jour ney hungry and fatigued. The frst place I went was the Notr e Dame de la Garde. I liked this tour. Not only did I enjoy the spectacular panoramic views of Marseilles from the top of the hill, but I had a ver y special adventure. The gale winds for ced me for ward and backward. I couldn't stand fr m. At that moment, I was so pr oud of myself and deeply believed that I was the bravest old woman in the world. I cheer ed "holy" out loudly. I wanted to stay longer, but the r eturn train was leaving soon.



1890s postcar d Henri-Jacques Espérandieu: Palais Longchamp, Marseille

It was two o'clock when I came back downtown. Checking the schedules, I estimated that I could catch the subway if I hur ried. I could spend 15 minutes in the Longchamp Palace. "Don't give up," I said.

With a local Fr ench speaking r esident's help, I got a round-trip ticket and successfully r eached the palace. I felt satisfed although I just had a short visit in the palace. I r eturned to embarkation on time. Ther eafter, I had a very happy cruise. I was pleased to live my dr eam, an adventure dream.

Coming to America

By Vladimir Shirokov

Vladimir is 49 years old. He wr ote his stor y because he wanted to introduce himself. In 2013 my sister , who has lived in the USA for more than 20 years, advised us to tr y to take part in the annual inter national lotter y to win a "Green Card." We agreed and my wife won it the frst time.

We decided to move to the U.S. It was a very hard decision because we wer e not very young and I had a good job. I was an air craft mechanic, and also we owned our apar tment in town and had a vacation home. But our son was very ill often, and the climate in Russia has been tough for him.

When we came to the U.S. the frst time we lived in my sister's family's house and we were very happy. Later my sister helped us rent a one bedr oom apar tment. By that time we still had enough money but we didn't have any jobs. Thr ee months later I was close to despair because our English was hor rible and everywhere we needed help. Meanwhile, our son spoke English ver y well and he was absolutely healthy. My wife and I tried to study English in ESL classes and also we went to

"conversations clubs," but it took a lot of our time and the classes did not help.

Half a year later I got my frst job in America, I worked as an auto mechanic. I knew cars ver y well but my salar y was not enough because I could not communicate with customers.

My friends advised me to go to the librar y and learn about a reading and writing pr ogram. My wife and I have become par t of the pr ogram. Thanks to my tutor my English has improved and I was able to fnd a higher-paying job. Now I am working as a driver of SuperShuttle. It is not bad, but this is not my main goal. I hope when my English is much better, I can fnd a job in my specialty and I will be able to make more money and become a citizen of America.





My Summer Dream

By Jacqueline Smith



Jacqueline wrote this page because dreams can become true or reality. She lived this dream and feels free to tell her stor y here. The best dr eam I ever had was when I was half asleep and I felt a war m gentle br eath against my head. I enjoyed the feeling so I did not wake up. The experience I had was so astonishing.

A few weeks later it happened again. I was snoozing and felt it again, on my cheek this time. It was the warmth of the spirit of the Lord. I fnally realized that I was there in the presence of God Almighty. Another time, while taking a nap at a friend's house I felt the war mth on my feet gradually covering my whole body . Several weeks passed and it happened again. This time I heard a whispering in my ear that said "W ake up, daughter."

While lying in bed I was awake but could not get up. I only r emember some of the most exciting parts.

I really want to go back to that place, which was unfor gettable. I will never for get that place and dream once again to fnd the pr esence of God. It was wonder ful to feel the expr ession of God's glor y. It was spiritual and my mind

was expanding during my dr eam. It felt like a journey. It was cozy and war m to feel His presence. At the time I was awar e of the Lor d's presence. He said, "Get r eady. It's time."

What a relief! And I have the peace of our Lor d Christ.



This place I could not see with the natural eye but it was the place of all understanding and my help comes fr om the Lor d. This is the best dream ever. I felt like I was in the clouds with the Holy Spirit's love on my pillow . I will continually give thanks to our maker , give thanks to the Lor d, who shows His mighty promises and loving grace. The place was unforgettable. My dr eam was where there were warm thoughts shared with others. The angels talked with God for me on my behalf and answered and lifted all my bur dens.



Coming to California From Oklahoma City

By Leo Smith



Leo wrote this stor y to help improve his education. He is excited to lear n to read the newspaper and the Bible.

I was living in Oklahoma City when I came to Califor nia in the early 1970s. Two of my brothers were already living here. They told me to come, and I stayed with them in LA for a month. I took a Gr eyhound bus for three days. I really enjoyed the trip because I did a lot of sightseeing of places that I had never seen. We stopped in El Paso and I went to the zoo. We saw a lot of animals that I had never seen before. I had dinner at the bus station in El Paso and had a chile dog that I will never forget. I haven't been able to fnd one since.

The Greyhound was a luxur y bus with a TV, and it even had a bathr oom. But when we wer e driving through the deser t, the driver wouldn't let us open the windows. He kept the air conditioning on because it was so hot outside, but I almost fr oze inside that bus.



After staying with my br others I came to San José. I got a job at the Califor nia Canner y. I worked on the assembly line pr ocessing apricots, plums, peaches, grapes, and pears. I worked there for three years.

My next job was detailing expensive cars. I couldn't believe I was driving BMWs, Mer cedes, and Porsches. Sometimes we would go to San Francisco, Haywar d, and Oakland to pick up new cars at the dock. I liked that job because I worked by myself and nobody watched over me.

I'm glad I took that trip fr om Oklahoma City to San José.





"One of the most important things that I have learned in my 57 years is that life is all about choices. On every journey you take, you face choices. At every fork in the road, you make a choice. And it is those decisions that shape our lives."

— Mike DeWine

A Trip Interrupted

By Yanting Smith



Yanting came to the United States 20 years ago. She is grateful to have joined PAR. She is publishing her frst stor y in the PAR book. I have been an Airbnb host since 2012. The 2015 Airbnb host confer ence would be in Paris from November 11 to 14. What an exciting event, the city of Paris, my dr eam.

There were 6000 hosts fr om around the world, with many dif ferent meetings. The most successful hosts shar ed their experiences.

In Paris no one can miss the bakeries. The event provided breakfast but I skipped most breakfasts and went to the baker y to watch the fashionable people.

A host invited me to an ar t show in her living room. It was ver y interesting. The painter used raindrops to make pictur es, which cr eated a unique ef fect. When I left the par ty, I took the Metro back to my hotel. Ever ything was wonderful. I sent an email to my son and went to sleep.

I was woken up by the phone buzzing, wondering who it was. Outside the window it was still dark. It was my son's message "Mom are you ok? Please call me! Paris had an attack."

I opened my iPad and looked at the news. There were attacks by gunmen and suicide bombers star ting just about the time I got back to my hotel. They hit a concer thall, a stadium, restaurant and bars, almost simultaneously. A hundred and thirty people were dead and hundreds wounded.

Airbnb ended the confer ence and canceled our big party. I changed my airline ticket and went back home. My two week trip ended after fve days.

My heart was touched so much by Paris. I prayed for the Parisians. I prayed for peace, I prayed for the most beautiful city of Paris.



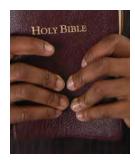


French light candles and place fowers outside le Carillon bar in Paris, on November 22, 2015, days after ter rorists opened fr e.

The Long Journey

By Anonymous

This lear ner has been in the pr ogram for eight years.



My journey star ted about 8 years ago. It happened when I was called to the ministry. I had to get an associate degree in theology. I always knew that my r eading and writing wasn't that great. At the time I didn't r ead a book or write a paper for over 15 years. So I came to PAR to work on my r eading and writing. For two years I worked har d to get better. I would have to get my associate degree to become a minister. There was a lot of r eading and writing in Bible College. I could say no to the call to the ministry, but I said yes. It was challenging but it was wor th it. I am thinking of going back to get my bachelor's degree in theology. My jour ney is constantly lear ning and getting better in my reading and writing. I will not stop until I get to my goal.

"Every day is a journey filled with twists and turns. Every day, if you smile, you will feel alive, my son."

— Santosh Kalwarn

Visiting My Sister

By Hadas T.

Two years ago, I went to visit my sister and her family in Mason, Ohio. I few from San Francisco to Las V egas because I had a connecting fight in Las V egas. I stayed there for two hours then I few to Mason. I ar rived at Dayton International Airport at 8:00 p.m. Before I left home, I emailed my sister the fight schedule so she could pick me up at the exact time. She came on time and we went to her house.

I was excited to see my nephews and my brother-in-law since I hadn't seen my nephews for a long time. We couldn't recognize each other, but my brother-in-law and my sister introduced me to them. They are very nice kids and very polite, so I love them ver y much. For dinner my sister made lasagna, cotaletta and salad. We ate together. It was so delicious and I enjoyed it, especially that lasagna. The next day she took me to her restaurant, Café Bella, where we ate breakfast and I drank cappuccino. I stayed with my sister for one week. After one week, we traveled to Saint Louis, Missouri for my cousin's wedding. My sister drove. We got to Saint Louis at 9 p.m. It was very dark. We



Hadas wrote her story because she needs to improve her English.

couldn't fnd the wedding venue. We were lost, but found a Safeway where my sister asked a guy who was working there if he could help us. She gave him the wedding address and he told her the directions how to go there and we reached the wedding venue at 9:30 p.m.

The next day, which was the wedding day, we met most of our cousins, who came from different parts of the world. I hadn't seen them for more than 20 years so we had a great time together, chatting, dancing, eating and laughing. We enjoyed the wedding. After the wedding day, my aunt invited us to lunch at her son's restaurant, Bar Italia. We enjoyed the food and I have never been so happy like that in my life.



A Vacation I'll Always Remember

By Maria Torrico

In April 1984, during my mom's Easter vacation, we went to Lake T iticaca. It took 10 hours from our home in Cochabamba, Bolivia.

We left on W ednesday, a shiny day . We put our baggage for 1 week on the bus. I was so happy to go. It was my frst time to see Lake T iticaca.

The bus dr ove nor thwest for 8 hours. I could see str ong blue when we wer e near. I was so impressed with the color . I wanted to know where was the end. We came to the small city of Tiquina to cross the nar row part of the lake. We took a small boat to cross the water because there was no bridge. It smelled fresh. When I touched the water, it was cold.

We arrived at the Peninsula de Copacabana, a small city wher e we stayed. Ther e were not many hotels. We stayed in a private home. The city was crowded. We went to visit the chur ch. We walked the hills they called Calvar y. We walked a rock path to the top of the hill. We took pictures. My mom bought souvenirs. It was a new experience with my br other.

Maria was bor n in Bolivia and came to Califor nia in 1991. V isiting Lake Titicaca and coming to Califor nia were special trips.





The food was dif ferent kinds of fsh: soup fsh, fried fsh and dried fsh. The popcorn was bigger than I had seen in Cochabamba. I liked it. The place was beautiful; the water unfor gettable.

I was there 32 years ago. Now they have more hotels, and more businesses, but they need a bridge for people to cross safely. I still remember that special trip with my family.

Copacabana, on the south side of Lake Titicaca. © Matt Brown mattbrowntown. wordpress.com



My Journey of Horror, Music, Haunted Houses and Halloween All Put Together

By Rich Truchetta

I consider myself someone who loves Halloween more than just about anyone. For me, though, it isn't just a day , it's a lifestyle and part of who I am. Thr ough the jour ney of movies, music, costumes, and scener y, I can become anyone, any character I desir e to be. This stor y is just a little bit about how my fascination with all things hor ror, haunted, and Halloween began.

Rich wrote this story because he is very interested in horror and haunted houses. He wanted to share how he got star ted.

As a kid, I watched a lot of scar y movies. I got hooked on a show called Cr eature Features, and the host was awesome. I r emember this yellow r ocking chair that he would sit in, smoking a cigar, and he would take this skull and light it up with the cigar, and then go into what movie would be showing that night. That show, along with inter ests like music, infuenced me, and my imagination continued to grow. The bands at concer ts I saw used incredible theatrical staging, makeup, and effects that dr ew me in.



Bob Wilkins (April 11, 1932 – January 7, 2009. Host of Cr eature Features on KTVU from 1971 to 1984



Gryo's 4D Fear Factory

Haunted houses have also become a tradition for me. Ther e was an old V ictorian house in my neighbor hood growing up and at night for Halloween they made it into this "Night of the Living Dead" haunted house. It was so creepy that none of my friends wanted to go in, but I thought it was intriguing. I star ted constructing haunted houses on my own and ended up doing Gyro's for over 13 years.

There's no stopping me now. Every day and every experience just adds more to my jour ney.



http://www. deadtimedreams.com



TransWorlds Halloween and Attractions Show 2015

My Day in the Field

By Gerardo Vazquez

Thirty-one years ago I decided to go to work in the car rot feld in Mexico. I wanted to make some money for my family . I was 12 years old. I went with my friends because the landlor demployed children who ear ned low wages, allowing him to hir e more children and get work done faster.

I arrived at the star t time, 4:00 .a.m., in the feld. The car rots are fresher then and taste sweet and juicy . They gave me a r ow to pick, but it was hard to see, because it was still dark. So my boss helped me to fnish my r ow.

My boss decided to take me to the river to wash the car rots. We made a cir cle of rocks in the river so the car rots wouldn't go away. The water was cold, but this was good for the car rots. The landlord gave me a war ning: "Be car eful because the bulls come to drink water at noon." I laughed, because I thought he was joking.



Gerardo wrote his story because it was diffcult for him to work in the feld, and it is a funny story that he wants to shar e.



I started to shake the sacks to wash the carrots. Suddenly I hear d many bulls r unning toward the river. I was scar ed and ran to the other side. So the bulls had water and car rots! When my boss came back, I told him what had happened. He almost fell down in angr y surprise. At the end of the day, he took me home, but I was upset because he didn't pay me. I told my mom what happened. She gave thanks to God that the landlord didn't make her pay for the car rots. That was my frst and last day in the car rot feld.



"Though the road's been rocky it sure feels good to me."

— Bob Marley

A Cute Birthday Journey

By Tapasvini Vyas

How can I for get the jour ney which I took on my daughter's bir thday?

It was her frst bir thday after she got admitted to university. She insisted that our family should gather ther e on her bir thday. Her dor m was very far from our place. Ther e were no reser vations available for a train or fight, so we had to drive by car . We were excited and started gathering stuf f we needed and packed luggage. After we dr ove around 9 hours, we got lost. Ther e was a hilly ar ea with not much traffc. We smelled the fr esh air and hear d the roars of animals. Suddenly we realized that we only had 10 miles' wor th of gas left. We got scared that we might get stuck in the middle of the road. Luckily we found a gas station. Tears came out of my eyes in gratitude.



When PAR announced the topic *My Journey* Tapasvini felt her journey was worth sharing with readers.

We were about to r each the dor m when an accident occur red on the r oad. Traffc was directed towards a different route, which was muddy and rough. There were felds on both sides of the r oad. The hot weather made us more tired. After a long drive, we r eached the paved road again. Late in the evening, we fnally arrived. When we met our daughter, she cried in joy and said "I am so sor ry, you faced lots of troubles. I love you." Our angel's bir thday was almost over. Still we had a good time together. I sn't this the most unfor gettable jour ney of my life?

"Never make your home in a place. Make a home for yourself inside your own head. You'll find what you need to furnish it - memory, friends you can trust, love of learning, and other such things. That way it will go with you wherever you journey."

— Tad Williams

A Trip to the Beach

By Lilian Wolfe

A few months ago my friends, my husband and I drove to the beach. We started at 9:00 in the morning; along the way we saw a lot of far ms. A variety of vegetables were planted; we were excited and tried to tell what they were. We looked at those green vegetables bathed in sunshine and swaying in the wind; they seemed like they were dancing and singing. They were happy to grow. We were deeply attracted by the sight. It seemed we were dancing too. We enjoyed nature.

We went to the beach; we wer e fascinated by other scener y, the sunlight was twinkling of f the ocean's waves, wonder ful! We took of f our shoes r unning to the beach, but soft sand made it diffcult to r un; we walked along the trail, we had to walk slowly . We took pictur es after; my husband and my friends picked up stones, collected sea shells, and I was dancing with the ocean waves.



Lilian came to the U.S. fr om Guangzhou, China in 2008. She has lived in North Carolina, Florida, and now lives in San José. We were tired, we sat on the beach drinking water and eating sandwiches. We enjoyed it very much.

The sun was going down, so it was time to go home. We were reluctant to part and say goodbye to the ocean. "See you soon!"

© Jim Patterson San Gregorio State Beach, Sunset



My Journey of Learning English in the U.S.

By Rumiko Yamame

I came from Japan three years ago because my husband was transfer red here. I had studied English for over six years, but I was afraid to speak it. I didn't know anyone her e and I was very depressed.

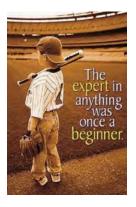
It was a big change in Rumiko's life to come to the U.S. She was like a baby in English. She's on the long jour ney of learning English.

Soon after we ar rived in the U.S., I was playing catch with my son when the ball went over the fence and into the backyar d next door. I went to my neighbor's house with a note of what to say . I nervously asked her if I could get my ball.

She said "Sur e!", so I got back the ball.

My neighbor is ver y kind. She always speaks to me when we meet. I enjoy communicating with her using simple wor ds and body language.

She advised me to take an ESL class. That's how I star ted to study English her e. That class was ver y helpful. I could lear n English in everyday life. After one year, I wanted to get better at speaking.



My friend told me about P AR. I registered and star ted tutoring sessions one and a half years ago. In the lesson, I can talk a lot. My tutor teaches me vocabular y, pronunciation, American culture and everything. I began to speak English mor e and be less shy.

I also star ted taking medical ter minology and interpreter classes. I used to work in the medical feld. T aking those classes will be helpful when I star t working again. I intend to continue studying English while having fun.

"It is good to have an end to journey toward; but it is the journey that matters, in the end."

— Ursula K. Le Guin, The Left Hand of Darkness

Clock Hands

By Haya Yang

Sometimes a specifc time and place shape our memory into more meaningful things. Or dinary events in our life can become a unique moment depending on the time and place. As having a meal is nothing special, but the dinner you have with your old friend whom you have not seen for a long time will be completely dif ferent.

Haya wrote about the value of ever yday life as a small but important jour ney because it shapes our future life.

Every day could be a small but valuable jour ney that makes your futur e different. When I was young, I didn't understand or notice this. My daily routine looked the same and going to work was boring fr om time to time. I wanted to journey from where I was by dr eaming of another life.

I realize only now that life is like clock hands moving for ward by seconds. It seems just to circulate in a cir cle without changes. T ime, however, goes by, gradually changing ever ything and shaping our life pr ogressively. Whether we appreciate our pr esent or imagine other situations, it is par t of our daily jour ney.



It is curious to think about what my futur e might be and how my jour ney will change my life.

Get Involved: http://libraries.volunteermatch.org/

5 reasons to VOLUNTEER

- /. Develop new skills
- 2. Help a cause that lights you up
- 3. Meet new people
- ${\it \#}$. Connect with your community
- 5. Expand your horizons

